

NATURAL HAIR CARE ROUTINE

NATURAL HAIR IS HAIR THAT GROWS FROM THE SCALP

E.G Afro, locks, and relaxed hair

DAILY

- Base hairline with the Volumicious hair food and oil interchangeably to stimulate hair growth.
- Sleep in a satin bonnet or doek to further protect the hair from breakage caused by snagging. The satin bonnet and doek also protect your linen from the product in the hair. You can also use a shower cap to trap in the moisture.
- Spray hair daily if plaited or braided to help retain moisture

WEEKLY

- Finger – detangle the hair with the Volumicious conditioner prior to washing.
- Wash the hair at least once a week with the Volumicious Moisturizing shampoo.
- Do the Hot Oil treatment at least once a week if hairline is damaged and if you have bald patches
- Moisturize hair using the LOC METHOD: Liquid (Spray) Oil, Cream (Hair food)
- Spray hair daily if plaited or braided to help retain moisture

MONTHLY

Deep condition the hair at least twice a month. After the wash step, place a generous amount of the VOLUMICIOUS Deep Conditioner on the hair working from the root towards the ends. Apply a plastic bag on the hair for at least 30 to 45 minutes to further aid the process. Rinse the hair after the treatment is complete.

Style hair in a minimal tension, protective hair style E.G, Benny & Betty, twists, Cornrows etc.



HOT OIL TREATMENT GUIDELINE

- Do the Hot Oil treatment once a week on the wash day
- This is recommended for people who are struggling with receding hairline, bald patches, and slow hair growth.
- Do not microwave the oil or the entire bottle because the radiation from the microwave kills the active ingredients.
- Take a little oil and pour it in a separate container and immerse the container in hot water.
- Wash the hair and towel dry.
- Apply the warm oil to entire scalp and massage for 5 to 10 minutes and put on a shower cap.
- Immerse a hand towel in semi hot water and squeeze water out. Wrap warm towel on head and repeat process 3x.
- Rinse out the oil when done.
- Alternatively, use a hooded hair dryer at your nearest salon.

POSSIBLE SIDE EFFECTS

When using our products for the first time you may notice:

1. Itching, this is normal. As the scalp is introduced to a foreign substance, there is bound to be some reaction which may cause some irritation
2. Tiny bumps/sores. May occur as the scalp is still adjusting to the products, but if it persists, then it is an indication of sensitive scalp and switching to kids' products is highly recommended.
3. Shedding. Our products stimulate the hair follicles. As new hair begins to grow, it pushes the old hair out, which may result in shedding of old hair.
Do not be alarmed. This will not persist